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BEHAVIORAL INDICATORS OF DRUG USAGE



Drinking or using more than before
Extremely talkative
Unusual or erratic behavior
Poor judgment
Personality changes when drinking or using
Loss of interests, activities, friends
Anger or defensiveness if topic of alcohol or drugs is brought up
Tries to stop drinking or using for periods of time
Blaming others, rationalizing behaviors
Calls at odd hours
Legal problems
Problems at work
Financial problems: may ask to borrow money
Use of prescription tranquilizers, sleeping pills or headache medications.
Impulsiveness
Violence

BEHAVIORAL INDICATORS OF DRUG USAGE



Confusion
Depression
Anxiety
Insomnia
Memory loss (may not remember conversations or promises made)
Illogical thinking
Forgetfulness
Poor psychological adjustment: Defiance, impatience, intolerance
Excessive mood swings
History of drug or alcohol problems